Student 6: a college freshman interested in a variety of fitness activities

What sports do you like or do you regularly participate in?

I enjoy a mix of activities like yoga, weightlifting, and swimming. I'm also keen on trying out new classes like spinning or CrossFit.

What do you hope to gain from these campaigns?

My goal is to maintain a balanced fitness routine and explore different workouts. I'm looking for both physical and mental well-being through these activities.

How many times a week do you participate in these sports, and how much money do you typically spend on these sports?

I aim to work out at least five times a week. Costs can vary depending on gym memberships and class fees, but I'm willing to invest in my health.

How do you feel about connecting with new individuals in the sports community?

I'm excited about it! Meeting people who are into fitness can be motivating, and it's a great way to make friends who share my interests.

What are some of the factors you consider when choosing a playing field? (e.g. environment, distance, and cost)

For yoga and weightlifting, a calm and clean environment is essential. Distance matters, but I'll travel a bit for the right gym or studio. Cost is a factor, but I prioritise quality and variety.

Do you usually suffer from a lack of public facilities or site constraints?

Not usually, but crowded gyms or class schedules can be challenging. I'll adapt and plan my workouts accordingly.

How do you feel about wearing wearable devices like the Apple Watch during physical activities? Do you have any experiences or insights to share?

I love using wearable devices during workouts. They help me track my progress, stay connected, and even monitor my heart rate. It's like having a personal coach on my wrist.

Have you used Yelp or similar apps and websites to find sports fields? Why or why not?

I've used Yelp and fitness apps to find gyms, studios, and classes. Reviews and recommendations from other fitness enthusiasts are beneficial in finding the right places to work out and try new fitness activities.